

NYC Public Schools Eric Adams Mayor David C. Banks Chancellor				
JANUARY 2024: Pre-K - 8 Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
Winter Recess 1	2	3	4	5
Big City Bean Taco (VE) Street Style Corn (V) <i>Salad Bar</i> Fiesta Bar (With Black Bean Salad)	Sicilian Slice Pizza (V) Italian Green Beans (VE) <i>Salad Bar</i> Welcome Back Bar	Manicotti (V) in Marinara Sauce (V) Mozzarella Sticks (V) with marinara sauce (VE) Roasted Zucchini (VE) <i>Garlic Knot (V)</i> <i>Salad Bar</i> Pizza Bar	Moroccan Roasted Chicken Drumsticks Jollof Cauliflower (V)* Sweet Potato Wedge Fries (VE) Dinner Roll (V) <i>Salad Bar</i> Rainbow Bar	White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Crispy Broccoli (V) <i>Salad Bar</i> Leafy Green Salad Bar
8	9	10	11	12
Pizza by the Slice (V) Kid Friendly Kale Salad (V) <i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)	Guisado Kidney Beans (VE)* Sofrito Rice (VE)* Grab & Go Salad Roasted Cauliflower (VE) Served with Salsa (VE) <i>Salad Bar</i> Leafy Green Salad Bar	<i>Plastic Free Lunch Day</i> Garlic and Tomato Panini (V) <i>Caribbean Style Beef Patty</i> Baby Carrots (VE) <i>Salad Bar</i> Plastic Free Lunch Bar	Caribbean Spiced Jerk Chicken Thighs* Veggie Nuggets (VE) Dipping Sauce Kelewele Plantains (VE)* Buttermilk Biscuit (V) <i>Salad Bar</i> Rainbow Bar	Zesty Chickpea Stew (VE) Southwest Burrito (V) Kachumber Salad (VE)* Flatbread (VE) <i>Salad Bar</i> Mediterranean Bar
Martin Luther King Day 15	16	17	18	19
BBQ Veggie Burger (VE) BBQ Veggie Cheeseburger (V) <i>Whole Wheat Bun</i> Seasoned Wedge Fries (VE) <i>Salad Bar</i> Classic Toppings	French Bread Pizza (V) Garlicky Green Bean (VE) <i>Salad Bar</i> Welcome Back Bar	Big City Bean Taco (VE) Soft Turkey Taco Street Style Corn (V) Crispy Tortillas (VE) Served with Salsa (VE) <i>Salad Bar</i> Fiesta Bar (With Black Bean Salad)	Chicken Tender Melt <i>On Ciabatta Bread</i> Superhero Spinach (VE) <i>New York Cookie Treat (V)</i> <i>Salad Bar</i> Rainbow Bar	Tropical Bean Bowl (VE) with Sofrito Rice* Veggie Nuggets (VE) Dipping Sauce Spiced Sweet Potatoes (VE) Pineapple Salsa (VE) <i>Salad Bar</i> Fiesta Bar
22	23	24	25	26
Sicilian Slice Pizza (V) Italian Green Beans (VE) <i>Salad Bar</i> Welcome Back Bar	Chicken Pot Pie Buttermilk Biscuit (V) <i>Herb Roasted Potatoes (VE)</i> <i>Salad Bar</i> Leafy Green Salad Bar (With Seasoned Chickpeas)	Manicotti in Marinara Sauce (V) Mozzarella Sticks (V) with marinara sauce (VE) Roasted Zucchini (VE) <i>Garlic Knot (V)</i> <i>Salad Bar</i> Pizza Bar	Moroccan Roasted Chicken Drumsticks Jollof Cauliflower (V)* Sweet Potato Wedge Fries (VE) Dinner Roll (V) <i>Salad Bar</i> Rainbow Bar	White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Crispy Broccoli (V) <i>Salad Bar</i> Leafy Green Salad Bar
29	30	31		
Pizza by the Slice (V) Kid Friendly Kale Salad (V) <i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)	Guisado Kidney Beans (VE)* Sofrito Rice (VE)* Grab & Go Salad Roasted Cauliflower (VE) Served with Salsa (VE) <i>Salad Bar</i> Leafy Green Salad Bar	<i>Plastic Free Lunch Day</i> Garlic and Tomato Panini (V) <i>Caribbean Style Beef Patty</i> Baby Carrots (VE) <i>Salad Bar</i> Plastic Free Lunch Bar	 WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus Grab & Go (V) • Hot or Cold Cheese Sandwich (V) • Assorted Vegetarian Wraps (V)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus Grab & Go (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus Grab & Go (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus Grab & Go (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus Lunch Pack (VE) • Assorted Vegan Wraps (VE) • Hot or Cold Cheese Sandwich (V) • Southwest Burrito (V)
Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request Pre-K Chicken Choices Chicken Tenders Chicken Patty Chicken Bites ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk, Cookies or Chicken with Bones OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit Apples, Apple Slices, Blueberries, Grapefruit, Oranges, Pears, Bananas, Strawberries, and Watermelon (VE) OFNS has an extensive Prohibitive Ingredients List available at: 				
* Recipes created in collaboration with OFNS and the Chef Council				
• Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey				
• Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products				
O.F.N.S. Office of Food & Nutrition Services SCHOOL FOOD ALLIANCE Menu subject to change. Our menus are pork free.				